

March

St. Gerard Majella

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Warm Bagel and Cream Cheese OR French Toast Sticks with Sausage Patty Frosty Peaches Creamy Yogurt 3	MARDI GRAS Chicken Tenders Hush Puppies Jambalaya Orange Quarters SPECIAL TREAT DAY \$1.60 4	PAPA JOHNS PIZZA Cheese Slice with Fresh Fruit Cookie 5	Beefy Macho Nachos OR Soft Pretzel with Cheese with Pineapple Chunks Creamy Yogurt Lettuce & Tomato 6	Seashaped Fish Bites OR Cheesy Quesadilla with Buttered Noodles Garden Green Beans Frosty Strawberries 7
Chicken Ring OR Cheese Stuffed Bosco Stick with Buttered Noodles Golden Corn Grapes 10	Emoji Waffle OR French Toast Sticks with Golden Hash Brown Tropical Fruit Medley Mini Blueberry Muffin 11	PAPA JOHNS PIZZA Pepperoni Slice Cheese Slice with Fresh Fruit Cookie 12	SPRING BREAK SPECIAL Bahama Burger Caribbean Fries Cayman Carrots Florida Fruit 13	ST. PATRICK'S DAY Blarney Stone Nachos & Cheese Pot O'Gold (Corn) Shamrock Salad Leprechaun Jell-O 14
Happy Spring Break				
Orange Chicken OR Veggie Egg Roll with Steamed White Rice Seasoned Broccoli Fortune Cookie 24	Stadium Style Hot Dog OR Crispy Chicken Nuggets with Tater Tots Fresh Veggies & Dip Apple Slices 25	Fluffy Pancake OR Scrambled Eggs with Pork Sausage Patty Fresh Melon Creamy Yogurt 26	Toasted Beef Ravioli OR Bowtie Alfredo Pasta with Steamed Broccoli Breadstick Frosty Strawberries 27	SPECIAL LUNCH NO FSC LUNCH 28
Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Smiley Face Potatoes Green Beans Peach Slices 31	Did you know? National Registered Dietitian Day is March 12 th . Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!			

DAILY SALADS:

- MONDAY**-Chicken Caesar
- TUESDAY**-Buffalo Chicken
- WEDNESDAY**-3/5 Garden Salad
3/12 & 3/25 Chef
- THURSDAY**-Cranberry Chicken
- FRIDAY**-St. Louis Hill

DAILY GRAB & GO

- MONDAY**- Choice of Cereal, Fresh Fruit, Yogurt, Hard Boiled Egg
- TUESDAY**-Turkey & Cheese Wrap, Veggies & Dip, Fresh Fruit, Yogurt
- WEDNESDAY**-Not Available
- THURSDAY**-Chicken Caesar Wrap, Carrots with Dip, Cheddar Goldfish, Fresh Fruit
- FRIDAY**-Bagel with Cream Cheese, Fresh Fruit, Yogurt, Raisins

DAILY SPECIAL ALA CARTE

- MONDAY**- Chicken Quesadilla
- TUESDAY**- Nachos with Cheese
- WEDNESDAY**- Turkey, Bacon & Cheese Panini w/Chips
- THURSDAY**-Chicken Strips
- FRIDAY**-Bosco Stick

2/4 SPECIAL TREAT \$1.60

THURSDAY IS ICE CREAM DAY
\$1.85 GRADES 3RD-8TH

MENU IS SUBJECT TO CHANGE

PLEASE CHECK YOUR MEAL MAGIC ACCOUNT THANK YOU!

The Cafeteria Manager can be reached at 121manager@foodserv.org

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

