

# February

## St. Gerard Majella

FOOD IN FOCUS



**Daily Salads:**

- MONDAY-Chicken Caesar
- TUESDAY-Buffalo Chicken
- WEDNESDAY-Chef
- THURSDAY-Cranberry Chicken
- FRIDAY-Taco

**DAILY GRAB & GO**

- MONDAY- Choice of Cereal, Fresh Fruit, Yogurt, Hard Boiled Egg
- TUESDAY-Turkey & Cheese Wrap, Veggies & Dip, Fresh Fruit, Yogurt
- WEDNESDAY-Not Available
- THURSDAY-Ham & Cheese on Bagel, Fresh Fruit, Veggies & Dip, Mini Rice Krispies Treat
- FRIDAY-Bagel with Cream Cheese, Fresh Fruit, Yogurt, Raisins

**DAILY SPECIAL ALA CARTE**

- MONDAY- Chicken Quesadilla
- TUESDAY- Nachos with Cheese
- WEDNESDAY- Turkey, Bacon & Cheese Panini w/Chips
- THURSDAY-Chicken Strips
- FRIDAY-Bosco Stick

**THURSDAY IS ICE CREAM DAY**  
\$1.85 GRADES 3RD-8<sup>TH</sup>

**MENU IS SUBJECT TO CHANGE**

**PLEASE CHECK YOUR MEAL MAGIC ACCOUNT THANK YOU!**

**The Cafeteria Manager can be reached at [121manager@foodserv.org](mailto:121manager@foodserv.org)**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancake & Sausage Bites OR French Toast Slice with Golden Hash Brown Frosty Peaches Yogurt <b>3</b>	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Sparkling Jell-O <b>4</b>	 PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies <b>5</b>	Meatball Sub Sandwich OR Pasta with Red Sauce with Seasoned Broccoli Mandarin Oranges Chilled Pudding <b>6</b>	 SUPER BOWL SPECIAL Super Bowl Dog Field Goal Fries Touchdown Brownie Hurdle Annles <b>7</b>
Hamburger on a Bun OR Mini Tacos with French Fries Green Beans Orange Wedges <b>10</b>	<b>ST. LOUIS BLUES SPECIAL</b> Hockey Puck Nuggets Goal Net Hash Brown Cross Check Carrots Goalie Blueberries  <b>SPECIAL TREAT DAY</b> \$1.60 <b>11</b>	 PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies <b>12</b>	Waffle OR Pancake & Sausage on a Stick with Hash Brown Strawberry Yogurt Fresh Melon <b>13</b>	<b>NOON DISMISSAL</b>  <b>NO FSC LUNCH</b> <b>14</b>
<b>NO SCHOOL</b>  <b>PRESIDENT'S DAY</b> <b>17</b>	Golden Grilled Cheese OR Chicken Rings with Tomato Soup Side Salad Sweet Strawberries <b>18</b>	 PAPA JOHNS PIZZA Pepperoni Slice OR Cheese Slice with Fresh Fruit Oreo Cookies <b>19</b>	French Toast Sticks OR Egg & Cheese Burrito with Golden Hash Brown Pork Sausage Patty Mini Blueberry Muffin <b>20</b>	Cheeseburger on a Bun OR Breaded Chicken Patty on Bun with French Fry Rings Buttered Corn Sweet Strawberries <b>21</b>
Toasted Beef Ravioli OR Bowtie Alfredo Pasta with Seasoned Green Beans Breadstick Frosty Strawberries <b>24</b>	Orange Chicken OR Veggie Egg Roll with Steamed White Rice Seasoned Broccoli Fortune Cookie <b>25</b>	Fluffy Pancake OR Scrambled Eggs with Pork Sausage Patty Fresh Melon Creamy Yogurt <b>26</b>	<b>POKÉMON SPECIAL</b> Charmander Popcorn Chicken Pikachu Corn Jigglypuff Buttered Noodles Charizard Cookie <b>27</b>	<b>SPECIAL LUNCH</b>  <b>NO FSC LUNCH</b> <b>28</b>

### Did you know?

One study showed that on Super Bowl Sunday the country consumes a whopping 1.4 billion wings!

